

Until You've Walked the Path!

By: [Paul Shearstone](#)

From the depths of despair to the heights of hope. That is the inspiring journey traveled by author Paul Shearstone in his new book *Until You've Walked The Path*.

Shearstone, a successful businessman, author and international keynote speaker, fought desperately to find balance and understanding as his life collapsed around him in the early '90s. Stricken suddenly with a mysterious ailment known then as the Yuppie Flu, Shearstone battled to keep him and his family functioning even as he endured the physical pain and depression of an illness that has since been diagnosed as Chronic Fatigue Immune Dysfunction Syndrome [CFIDS].

In the end, it was Shearstone's enduring optimism and strikingly positive attitude that helped him and his family, overcome the debilitating disease. Shearstone has written this book in hope that other sufferers or caregivers will benefit from his experiences.

Recent AMA and CMA studies purport, one in four North Americans are suffering from some form of chronic fatigue or depression. Many will never be properly diagnosed and sadly, many of them will never recover.

[Until You've Walked The Path](#) is a no-nonsense, real-life account of one man's recovery from an insidious disease. It is also a courageous book, a very personal tale of suffering, despair and, ultimately, enlightenment. This book, by Paul Shearstone, stands as a beacon of hope, lighting the path to recovery, triumph and happiness.

Paul Shearstone aka The 'Pragmatic Persuasionist' is one of North America's foremost experts on Sales and Persuasion. An International Keynote Speaker, Author, Writer, Motivation, Corporate Ethics, / Time & Stress Management, Recruiting Specialist, Paul enlightens and challenges audiences as he informs, motivates and entertains. To comment on this article or to book the Pragmatic Persuasionist for your next successful event we invite you to contact Paul Shearstone directly @ 416-728-5556 or 1-866-855-4590, www.success150.com or www.paulshearstone.ca.